

DINING

Campers dine in Dansbury Commons, the university student dining room. Nutritious all-you-can-eat meals are served, with salad and dessert bars.

CAMP CARE SERVICES

Our ESU Summer Camp Care Staff are first aid and CPR/AED certified. Summer Camp Care Staff will provide routine first aid services to the participants during the hours that camp is in session and will refer medical emergencies and illnesses to the Lehigh Valley Health Network-Pocono, located one block from campus.

MEDICAL INSURANCE

ESU does not provide individuals with medical insurance. Campers must provide their own medical insurance plans. ESU is not responsible for paying medical deductibles or hospital costs for any camper.

Register Online at: esu.edu/camps

DAILY SCHEDULE

CAMP FEATURES

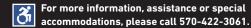
- Cover all aspects of defense:
 - Pitching mechanics
 - Throwing mechanics
 - Fielding
 - Positional play
 - · Short game defense
 - · Live play and drills to increase speed
 - Strength
 - Quickness
- · Cover all aspects of offense:
 - Hitting mechanics
 - Short game
 - Base running
 - Leads
 - Live hitting
 - Mental approach

JAIME WOHLBACH iwohlbach1@esu.edu 610-737-1632

East Stroudsburg University of Pennsylvania is located in the beautiful Pocono Mountains in East Stroudsburg, Pennsylvania. ESU is 90 minutes west of New York City and two hours north of Philadelphia. You may also find directions through our website at esu.edu.

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university committee has a right to study and work in an sexual harassment, sexual violence and sexual assault. (Further information, including

This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state



AST STROUDSBURG



PHILOSOPHY

The camps are designed to develop both physical and mental skills of the game, with the ultimate goal for the camper to become a better softball player. Fundamentals, skills, drills, and competitions will used to lay a solid foundation, while preparing campers for all levels of the game. Individuals will be challenged to become more competitive and have fun while doing it.

We look forward to sharing our passion, knowledge, and experience of the game with you all!

GENERAL INFORMATION

- · Work with Division I, II and III coaches
- · Work with ESU's top players
- 7 to 1 camper-to-staff ratio
- Warriors Overnight Camp: June 21 24
 - Location: ESU softball field (on campus)
 - Ages 8-18
 - All-you-can-eat lunch at ESU dining hall
 - Check-in: 3-5 p.m.
 - Check-out: 4 p.m.
- Elite Prospect Camp: July 20-21
 - Location: Creekview Field
 2 Serfass Lane, Stroudsburg, Pa.
 - Brand new practice and training facilities!
 - Brown bag lunch (not provided)
 - Ages 14-18
 - Check-in: 9:45 a.m.
 - Check-out: 3 p.m.
- Catchers Camp: August 3-4
 - Location: Creekview Field
 2 Serfass Lane, Stroudsburg, Pa.
 - Brand new practice and training facilities!
 - Brown bag lunch (not provided)
 - Ages 8-18
 - Check-in: 8:45 a.m.
 - Check-out: 2 p.m.

CAMP DIRECTOR

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JAIME WOHLBACH

Softball Head Coach

- 5th season as ESU head coach
- Peru national team assistant coach
- USA 12U Northeast Region head coach
- · Former Division I coach
- Rebuilt two Division I programs into the top of their conferences
- MAAC Coach of the Year 2010
- MAAC Champions 2010
- · NPF professional player catcher
- International professional player and coach (lived in 15+ countries playing and coaching)

STAFF

The camp staff is comprised of experienced college coaches, pitching coaches, pro players, and current players



Register Online at: esu.edu/camps

COST

JUNE 21-24

\$500 OVERNIGHT \$375 COMMUTER

JULY 20 - 21 ELITE PROSPECT \$210

AUGUST 3 - 4
CATCHERS

CATCHERS \$185/ PLAYER

Make Checks Payable to: ESU WARRIOR SOFTBALL CAMP

Mail to: Office of Conference Services 200 Prospect Street, E. Stroudsburg, PA 18301

DEPOSIT/PAYMENT/CANCELLATIONS/REFUNDS

Please enclose a \$100 non-refundable deposit with all applications. Camp balance is due two weeks prior to the start of camp. Campers who leave during the course of the camp will receive a refund based on the number of days services were rendered.

All refund requests must be submitted in writing to the Office of Conference Services within 14 days of the last day of camp. No refunds will be issued to campers who were sent home for disciplinary reasons. No refunds will be issued after that time. Please allow six to eight weeks for processing of any refunds.

Medical documentation may be required for refund. Please send refund requests to conferences@esu.edu with the name of your child and camp they participated in.

ESU Warrior Sports Camps have contingency plans in the event of inclement weather, however, indoor practice facilities may be limited.

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SOFTBALL

Please print clearly in ink.	
PARTICIPANT	
ADDRESS	
CITY/STATE/ZIP	
HOME/CELL	
EMERGENCY PHONE	
EMAIL	
GRADE ENTERING (FALL 2020) AGE DOB	
SCH00L/TEAM	
COACH POSITION	
SELECT CAMP(S)	
OVERNIGHT ELITE PROSPECT CATCH	IERS
ROOM WITH: (NO MULTIPLE ROOMMATE	E REQUEST
T-SHIRT SIZE: S M L XL (PLEASE CIRCLE ONE)	
\$100 NON-REFUNDABLE DEPOSIT MUST ACCOMPANY EACH REGISTRATION FORM	
MEDICAL INSURANCE INFORMATION:	
COMPANY NAME	

NAME OF PARENT/GUARDIAN

POLICY NUMBER

GROUP NUMBER

I hereby authorize the camp staff of East Stroudsburg University to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son's/daughter's attendance in ESU Warrior Sport Camp. I certify that he/she is in good health, and is able to participate in all camp activities. I understand that the camp staff, first responders, and university will not be held responsible for any injuries that occur on the way to, during or on the way home from ESU.

Parent/Guardian Signature